

FISHERS DIGESTIVE CARE  
ANIL YAKHMI, M.D.

Upper Endoscopy Preparation

Checklist

- Do not take aspirin, iron tablets, or any blood-thinning medications at least five (5) days prior to the procedure.
- Do not take insulin or anti-diabetes medications the morning of your upper endoscopy. Let your doctor know about your medications.
- If you take a blood thinner called Coumadin, let your doctor know.
- Bring your medications with you on the day of the procedure so that you can take them after the procedure.
- If you have prosthesis, artificial heart valves, heart murmur, arterial graft, or have required prophylactic antibiotics in the past, please let the doctor know in advance.
- **Do not eat or drink after midnight the night before the test.**
- **Arrive at least one (1) hour before your scheduled time to allow for pre-procedure preparations.**
- You must have someone drive you home after the procedure (spouse, parent, child, relative, or friend). You cannot take a cab, bus, limo, bike, or walk.

Your Appointment

Procedure Date: \_\_\_\_\_

Location: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

Report to Outpatient  
Registration No Later Than: \_\_\_\_\_

It is imperative that you give at least twenty-four (24) hour notice if you cannot make your appointment. Time is set aside for this procedure and with the doctor. If an emergency should arise, we will try to rearrange your procedure time. If you have any questions regarding your procedure, contact us at our office between 8:30 a.m. and 5:00 p.m., or you can call Dr. Yakhmi's answering service after hours.

Less than twenty-four hour notice will result in a cancellation fee, unless in an emergency-type situation.

**Please call our office at (317) 415-9277 to confirm receipt of these instructions.**